

A hundred percent successful outcome

A ten-year ordeal was ended from one day to the other with a minor procedure. Bettina Graf has every reason to shine.



Bettina Graf with the RefluxStop device.

It all started with a recurring pain in her throat, and every time Bettina Graf believed she was coming down with the flu. She often had to cancel appointments because she thought she might infect others. When her sore throat became a weekly occurrence along with constant hoarseness and scratchiness, her general practitioner suspected an allergic reaction. However, the medical tests did not reveal any allergies, so she was referred to an otorhinolaryngologist.

Because Bettina Graf constantly felt a lump in her throat and always had a very unpleasant taste in her mouth, she got up up to ten times every night to brush her teeth and use mouthwashes to get rid of it. Once her teeth became more and more sensitive, her dentist thought the problems could have come from stomach acid flowing up into her mouth. She was recommended to put a splint over her teeth at night to protect them from the stomach acid.

The otorhinolaryngologist also suspected it could be reflux. Bettina Graf started taking acid blocker tablets, but they had no effect. Three years ago, the reflux was finally confirmed with a gastric acid measurement in the oesophagus. Her general doctor suggested that she undergo an anti-reflux surgery, especially in order not to further stress the affected bronchial tubes with the rising gastric acid.

The patient was hesitant because she read a lot of controversial things about the classic anti-reflux surgery, fundoplicatio. Difficulty swallowing and, above all, chronic flatulence are frequent and very unpleasant consequences. It was only when Bettina Graf was informed by Dr. Alessandro Wildisen of the Cantonal Hospital Lucerne Sursee about the new method with the RefluxStop implant that she consented to surgery. The implant was placed using keyhole surgery, and since that day she has been completely symptom-free, with absolutely no side effects. “During the months before the operation, I could only eat oatmeal soup, now I can digest everything again and can finally enjoy a glass of wine or a coffee. The implant is my good friend, the deliverance from my long ailment. I am immensely relieved.”

Mehr Informationen



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